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Plaquenil Dosing Schedule*

Select your height/weight to find how many Plaquenil 200mg tablets to take each day of the week.
 If your height and weight are on different rows, choose the lowest row on the chart for your dosing schedule.

Height	Weight (in pounds)	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
5'3" or taller	>175	2	2	2	2	2	2	2
	170-175	2	2	2	2	2	2	1 and 1/2
5'1" to 5'2"	163-169	2	2	1 and 1/2	2	2	2	1 and 1/2
	157-162	2	1 and 1/2	2	1 and 1/2	2	2	1 and 1/2
4'11" to 5'0"	151-156	1 and 1/2	2	1 and 1/2	2	1 and 1/2	2	1 and 1/2
	145-150	1 and 1/2	2	1 and 1/2	1 and 1/2	2	1 and 1/2	1 and 1/2
4'9" to 4'10"	138-144	2	1 and 1/2	1 and 1/2	1 and 1/2	1 and 1/2	1 and 1/2	1 and 1/2
	132-137	1 and 1/2	1 and 1/2	1 and 1/2	1 and 1/2	1 and 1/2	1 and 1/2	1 and 1/2
4'6" to 4'8"	126-131	1 and 1/2	1 and 1/2	1 and 1/2	1 and 1/2	1 and 1/2	1 and 1/2	1
	119-125	1 and 1/2	1 and 1/2	1	1 and 1/2	1 and 1/2	1 and 1/2	1
4'4" to 4'5"	113-118	1 and 1/2	1	1 and 1/2	1	1 and 1/2	1 and 1/2	1
	107-112	1	1 and 1/2	1	1 and 1/2	1	1 and 1/2	1
4'2" to 4'3"	101-106	1	1 and 1/2	1	1	1 and 1/2	1	1
	94-100	1 and 1/2	1	1	1	1	1	1
4'0" to 4'1"	88-93	1	1	1	1	1	1	1
	82-87	1	1	1	1	1	1	one half
3'10" to 3'11"	75-81	1	1	one half	1	1	1	one half
	69-74	1	one half	1	one half	1	1	one half
3'8" to 3'9"	63-68	one half	1	one half	1	one half	1	one half

* Based on 2017 American Academy of Ophthalmology Guidelines for weight